

# KING OF GREYSTONES 2010

Place	Name	Bib Number	Swim Time	T1 Time	Cycle Time	T2 Time	Run Time	Tot Time
1	Mick Kavanagh	69	9:09.1	0:41.5	30:12.3	0:26.8	21:23.1	1:01:53.0
2	Alex Gray	55	8:02.1		31:05.6	0:19.2	23:20.5	1:02:47.6
3	Conor O'Neill	114	9:03.8	0:57.4		30:33.1	24:43.8	1:05:18.3
4	Derrick Evans	41	9:53.3		29:36.0	0:23.2	26:32.5	1:06:25.2
5	Theo Mooney	103	8:36.1	1:28.4	31:30.3	0:36.1	24:25.7	1:06:36.9
6	stephen okane	119	9:03.7	1:14.5	31:58.5	0:54.3	24:00.2	1:07:11.4
7	Tony Gaffney	48	9:22.2	0:52.9		32:24.9	25:29.0	1:08:09.1
8	Neil McGennitty	273	8:15.4	0:58.6		31:38.6	27:30.9	1:08:23.6
9	Liam Sweeney	141	9:11.7	0:41.7	32:53.5	0:32.6	25:19.5	1:08:39.3
10	Kirk Nuzum	110	8:22.8	1:00.1	32:35.9	0:49.7	26:24.0	1:09:12.6
11	Derek Dawson	31	8:51.3	0:55.9	31:21.7	0:42.9	27:21.9	1:09:13.9
12	Cormac O'Connor	117	8:45.3		35:36.4	0:17.6	25:00.5	1:09:40.0
13	Stephen Finlay	45	9:45.8	1:20.5	34:04.2	0:26.1	24:18.3	1:09:55.1
14	patrick mccann	90	8:19.0		32:49.0	0:27.1	28:24.1	1:09:59.3
15	Keith Hennessy	63	9:32.5	1:53.4	29:30.6	0:49.8	28:20.1	1:10:06.6
16	Shane O'Neill	121	9:58.4	1:05.1	32:21.7	0:35.9	26:14.8	1:10:16.1
17	Paul Mc Phillips	87	8:42.8	0:55.1	33:47.8	0:16.3	26:51.5	1:10:33.6
18	Niall Michel	101	11:31.2		32:20.1	0:48.8	25:53.8	1:10:34.0
19	Michael Colbert	22	10:48.1	1:27.2	31:24.2	0:40.7	26:22.7	1:10:43.2
20	Maurice Keogh	76	9:03.1		35:27.8	0:28.2	25:56.1	1:10:55.3
21	Rory Quinn	128	10:48.7	0:58.1	32:29.8	0:35.1	26:45.3	1:11:37.2
22	Zsombor Egly	40	7:59.6		34:59.2	0:41.3	28:35.6	1:12:15.9
23	Eoin Duggan	39	8:53.8	1:29.3	35:58.1	0:47.7	25:08.9	1:12:18.0
24	Aubrey Anderson	149	9:36.6	1:28.7	33:25.4	0:48.4	27:53.4	1:13:12.6
25	oscar shortt	137	9:29.8	1:25.2	33:28.7	0:42.3	28:44.4	1:13:50.5
26	Alexander Clare	18	9:17.6	3:57.9	34:10.1	0:58.9	25:52.1	1:14:16.7
27	Cormac Fitzgerald	46	10:17.8	1:41.8	32:48.9	0:45.6	28:45.8	1:14:20.1
28	David Caffrey	14	9:08.4	1:49.5	34:59.8	0:21.3	28:14.8	1:14:33.9
29	mark mccormick	92	9:07.5	1:38.3	33:03.7	1:10.4	29:40.8	1:14:40.9
30	Ed Bateman	2	9:11.9	2:28.3	34:05.1	1:01.0	28:05.2	1:14:51.7
31	Patrick Byrne	13	9:34.1	2:07.2	34:51.4	0:24.6	27:59.3	1:14:56.8
32	Derry Nairn	275	8:42.1	2:24.8	34:36.2	0:19.5	28:56.0	1:14:58.8
33	jan vitek	178	10:01.8	1:28.3	32:44.8	0:52.2	30:13.6	1:15:20.8
34	David Morris	186	11:17.2	2:44.3	33:21.8	0:24.1	28:06.2	1:15:53.9
35	Patrick McCann	181	8:47.6	1:28.2	35:59.5	0:33.1	29:27.4	1:16:16.0
36	Peter Quinn	127	9:01.4	1:53.0	36:36.0	1:05.2	28:05.9	1:16:41.6
37	Colm Kernan	77	10:05.4	2:00.6	36:48.7	0:44.6	27:05.2	1:16:44.8
38	Brian Kinsella	79	12:57.6		33:54.7	0:34.1	29:19.8	1:16:46.3
39	Matt Fortune	47	11:02.5	1:11.7	34:15.6	0:40.5	30:33.1	1:17:43.5
40	sean mc grath	85	10:10.3	1:47.9	35:10.4	0:48.2	29:47.1	1:17:44.1
41	Nicholas Reid	131	9:13.8	1:55.7	35:33.3	1:06.6	30:01.5	1:17:51.0
42	eoin osullivan	123	11:19.0	1:08.9	33:46.5	0:33.4	31:08.7	1:17:56.7
43	Liam Waters	144	12:10.5	2:55.0	33:48.1	0:30.7	28:43.3	1:18:07.8
44	Stephen Sheehan	135	12:55.7	1:29.1	33:16.8	0:35.9	30:01.8	1:18:19.5
45	Emmet Clarke	19	9:34.5	2:20.9	37:01.0	0:42.2	29:25.9	1:19:04.7
46	Ian Browne	7	10:58.5	1:54.3	34:30.6	0:48.9	30:57.1	1:19:09.6
47	DAVID O'BRIEN	115	10:00.8	1:54.9	35:00.1	0:57.9	31:47.0	1:19:40.8
48	Peter Lord	83	10:01.5	2:43.4	36:14.4	0:37.4	30:05.1	1:19:41.9
49	Sean Kelly	73	10:09.1	0:59.6		37:20.6	31:18.6	1:19:48.0
50	Alan Gaynor	50	10:02.8		38:54.3	0:24.3	30:43.1	1:20:04.5
51	Barry Holmes	185	9:23.0	2:49.8	36:11.7	0:24.0	31:35.3	1:20:24.1
52	Shane Hayes	61	10:45.5	2:57.6	36:13.0	0:33.9	30:06.0	1:20:36.1

53	Ashley Gardiner	49	9:17.8	1:55.3	35:28.9	1:10.9	33:36.1	1:21:29.2
54	Edward Evans	42	12:37.1	3:03.6	35:17.2	1:43.9	29:00.3	1:21:42.3
55	Gary Lehane	274	10:56.0	4:08.9	35:30.6	0:34.5	30:32.5	1:21:42.6
56	Paul Ledwidge	81	10:12.7	3:13.3	37:08.1	1:27.6	30:24.6	1:22:26.4
57	Paul Evans	43	9:37.9	1:36.7		37:24.1	34:18.4	1:22:57.2
58	Thomas Kennedy	74	14:42.0	2:35.5	36:02.0	0:45.6	28:52.4	1:22:57.7
59	John Bowes	5	17:20.8	3:18.1	32:32.6	1:31.2	28:20.4	1:23:03.3
60	Corrie Adams	148	9:36.9	2:11.1		39:03.4	32:26.8	1:23:18.3
61	Paddy Hickey	64	11:35.9	3:49.6	39:39.2	3:19.4	25:16.9	1:23:41.2
62	Robert Moran	104	12:08.4	4:47.5	35:30.0	2:13.3	29:12.8	1:23:52.3
63	Rob Baker	1	10:53.0	6:01.8	36:20.0	1:24.8	29:12.6	1:23:52.3
64	Padraig Naughton	108	10:03.7	2:21.9	36:18.1	0:37.4	34:51.0	1:24:12.3
65	Mick Lalor	80	9:57.9	1:27.1	36:51.9	0:50.4	35:40.8	1:24:48.3
66	Ed O'Brien	111	14:18.2	5:20.8		34:05.4	31:07.1	1:24:51.5
67	Steven Long	82	13:34.6	2:59.2	36:49.5	0:44.0	31:28.4	1:25:36.0
68	Nick Sidwell	138	10:21.2	3:20.6	41:40.3	1:00.2	29:42.3	1:26:04.8
69	Thalius Heckshar	276	8:20.0	3:23.0	38:44.4	2:50.3	33:48.6	1:27:06.5
70	Brian Connell	26	11:57.4	3:16.1	38:49.5	0:32.2	32:31.2	1:27:06.7
71	Kevin Bell	3	10:40.2	2:46.7	46:45.3	0:29.0	26:47.5	1:27:29.0
72	Jody Walsh	180	11:08.7	4:51.2	39:59.1	1:01.3	30:34.0	1:27:34.6
73	Bill Wildes	184	12:48.3	3:26.9	35:44.3	1:24.8	34:10.9	1:27:35.4
74	John Cleary	20	13:02.1	1:35.3		41:07.4	32:12.3	1:27:57.3
75	Paul Ward	143	12:52.5	4:07.4	36:33.9	0:42.8	34:11.8	1:28:28.6
76	Shane Byrne	12	13:25.7	4:02.2	35:48.1	0:50.3	34:29.0	1:28:35.5
77	Ciaran Haughey	60	11:11.3	2:23.4	39:44.2	1:37.4	35:08.2	1:30:04.7
78	John Duggan	38	11:48.2	3:41.3	39:25.3	1:12.3	34:58.1	1:31:05.4
79	Shane McKenna	98	12:54.5	3:16.8	40:56.5	0:30.4	34:12.5	1:31:50.8
80	Declan Byrne	11	11:35.4	2:19.2	39:36.3	0:56.7	37:26.9	1:31:54.7
81	Andreas Roth	134	10:43.7	2:55.5		41:55.2	36:32.4	1:32:06.9
82	David McDonald	94	10:44.5	2:16.7	38:04.5	2:03.8	39:00.7	1:32:10.4
83	Gavin Downes	36	12:05.7	2:01.5	41:47.5	0:29.3	36:36.7	1:33:00.9
84	Colm Donnelly	187	16:22.5	3:15.2	42:17.0	0:57.3	31:13.2	1:34:05.3
85	Ronan Corley	28				43:40.6	50:34.2	1:34:14.8
86	Ciaran Sudway	182	10:42.6	3:17.7	40:47.6	2:05.2	37:47.2	1:34:40.6
87	John Mc Kiernan	86	11:59.2		42:28.7	0:21.1	40:05.0	1:34:54.2
88	Conor Downes	35	10:21.9	3:51.5	45:38.2	0:42.4	34:37.9	1:35:12.1
89	Davie Hughes	66	15:11.3	2:56.5	43:20.9	0:33.3	37:07.1	1:39:09.2
90	Colm O'Brien	116	12:46.4	4:34.0	45:16.5	0:49.1	36:37.4	1:40:03.5
91	michael whelehan	145	10:58.6	4:27.9	43:34.3	1:19.0	39:43.6	1:40:03.5
92	Paul Gordon	54	17:14.7	2:14.3	43:08.2	1:16.7	37:06.5	1:41:00.6
93	keith monahan	102	16:44.2	3:05.9	43:10.6	0:30.0	38:24.0	1:41:54.9
94	Martin Codyre	21			1:08:34.3		39:46.1	1:48:20.4
95	Conor Duggan	37			1:08:33.3		39:47.7	1:48:21.1
96	Darren Murray	107	17:03.2	4:50.4	43:37.9	2:37.7	40:38.6	1:48:47.9
97	Darragh Higgins	65	12:49.5	2:29.2	53:29.1	0:34.8	45:34.8	1:54:57.6
98	Morgan Burgess	8	18:44.8	5:13.3	51:33.4	2:01.4	46:45.1	2:04:18.3

Female

Place	Name	Bib Number	Swim Time	T1 Time	Cycle Time	T2 Time	Run Time	Tot Time
1	irene walsh	179	8:48.1	0:55.4	32:17.2	0:19.8	30:12.8	1:12:33.5
2	Fiona Duggan	160	12:51.2	1:24.4	33:14.2		28:14.4	1:15:44.3
3	Suzanne Martin	168	12:01.2	1:26.2	36:49.4	0:22.4	27:21.6	1:18:00.9
4	Aine Morrissy	171	9:52.5	1:30.3	37:44.1	0:36.6	30:22.9	1:20:06.5
5	Pauline Dallaghan	157	11:24.8	1:57.5	34:21.9	0:52.6	32:50.4	1:21:27.4
6	marie sudway	176	9:42.6	2:17.2	40:34.7	0:42.8	30:58.2	1:24:15.7
7	Fiona Denvir	158	10:31.6	1:20.2	39:48.2	0:25.2	33:00.8	1:25:06.1
8	Helen Mullarkey	183	12:00.4	2:32.8	43:16.0	0:26.2	33:34.8	1:31:50.4
9	Andrea McDonald	169	9:35.0	3:24.5	42:09.6	0:29.8	36:36.5	1:32:15.5
10	Jillian Gleeson	164	12:10.4	2:36.7	42:27.6	0:53.2	34:46.7	1:32:54.8

11	aisling leonard	167	12:02.8	2:43.6	42:26.8	0:35.3	35:23.0	1:33:11.6
12	Aoife Clarke	155	11:43.9	4:33.6	41:37.0	0:44.9	38:00.8	1:36:40.4
13	Chloe Bocking	151	11:20.7	3:10.4	47:28.8	1:00.5	35:24.7	1:38:25.2
14	Paulina Osinska	174	16:03.9		48:47.0	0:38.9	40:11.0	1:45:41.0
15	julie higgins	165	11:06.8			56:38.6	39:32.2	1:47:17.7
16	Sophia Boyle Norris	152	15:09.4		51:09.6	1:38.0	42:57.9	1:50:55.0
17	joy callender	153	14:31.2	4:53.7	53:48.3	1:02.4	44:21.4	1:58:37.2

Team

Place	Name	Bib Number	Swim Time	T1 Time	Cycle Time	T2 Time	Run Time	Tot Time
1	Once Kings	259	08:19.6	0:45.1	27:38.8	0:30.0	26:00.3	01:03:14
2	Mark Mulcahy	263	7:38.6	1:41.8	34:05.6	0:17.3	22:28.6	1:06:12.0
3	Mark O Riordan	265	11:38.7	1:19.2	30:20.2	0:30.8	23:57.9	1:07:46.9
4	Dara Byrne	271	10:27.4	0:44.7	30:24.6		27:42.5	1:09:19.3
5	Jon Ihle	257	8:10.2	2:13.1	31:27.1	0:24.5	28:16.8	1:10:32.0
6	Chris Dando	251	6:50.7	0:34.7	33:59.4	0:19.0	29:14.5	1:10:58.5
7	Colin Holmes	255	9:23.2	0:27.6	34:58.1		26:24.8	1:11:13.9
8	Jonathan Wallis	269	11:45.2				1:07:10.3	1:18:55.6
9	Eoghan O Ciarmhac	264	7:45.7	0:43.1	43:08.4	0:24.5	26:53.9	1:18:55.8
10	Stephen Walsh	270	11:26.2	0:31.3	36:28.9	0:24.8	30:38.8	1:19:30.2
11	Karl Devin	32	9:48.6	0:36.5		39:44.2	30:38.6	1:20:48.1
12	Marc Johnston	258	11:38.6	0:42.8	40:53.1	0:23.2	28:06.0	1:21:43.8
13	David Scott	267	10:53.7	0:50.8	36:12.0	0:40.6	34:14.4	1:22:51.8
14	Peter Quinn	266	10:40.3	1:07.1	42:04.2		30:18.3	1:24:10.0
15	Valerie Lawrence	260	12:45.5	0:31.5	34:58.0	0:20.1	36:13.8	1:24:49.1
16	Jonathan Smith	268	10:40.2			40:14.6	37:50.5	1:28:45.3
17	Viktoria Horvath	256	8:50.5	0:54.9	45:01.3	0:22.1	34:56.9	1:30:05.8
18	paul Mahon	261	10:27.3	0:36.1	44:06.1	0:45.6	34:38.9	1:30:34.2
19	Cillian Duffy	252	11:27.0	0:29.5	47:58.2	0:18.7	30:22.5	1:30:36.2
20	Alan Glover	272	10:34.6	0:44.1	44:31.5	0:34.2	35:49.2	1:32:13.9
21	Brian Moran	262	10:48.5	0:47.3	44:40.1	0:28.1	47:30.3	1:44:14.5

Results By Precision Timing